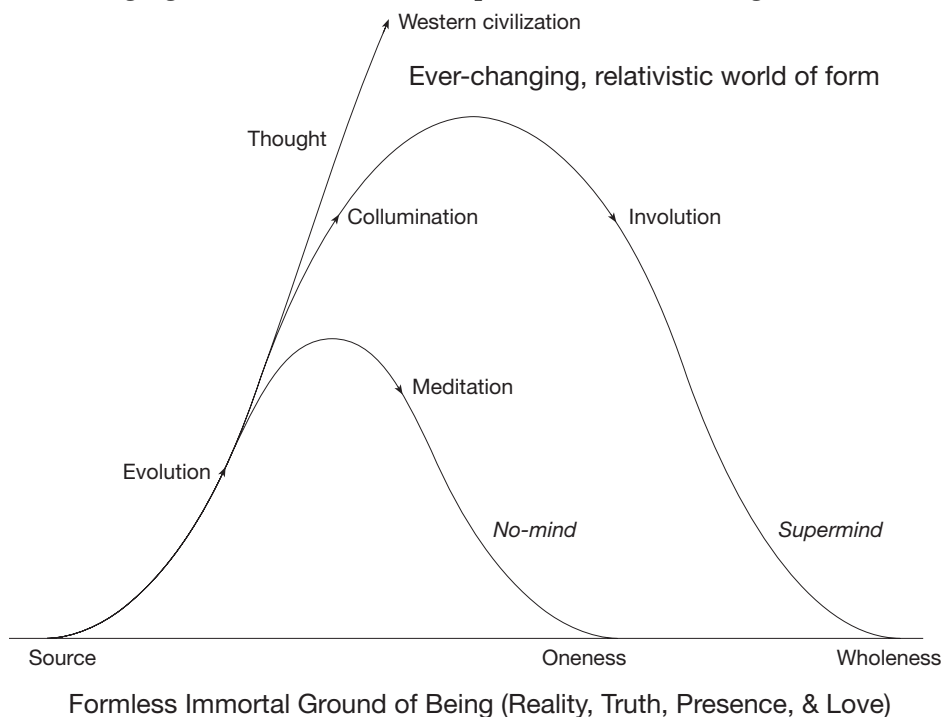


This autobiography is complementary to my major scholarly work *Wholeness: The Union of All Opposites*, which describes integral relational logic, the framework for the unified relationships theory, which explains why the pace of technological development is accelerating exponentially today. Such a self-reflective synthesis of everything is essential if evolution is to become fully conscious of itself in us human beings.



*Healing the Mind in Wholeness* describes how Life, on its outward journey from our Divine Source, has enabled me to integrate all knowledge in all disciplines and cultures at all times into a coherent whole, within the overall context of Consciousness, thereby leading me Home to Wholeness on Life's return journey to our Immortal Ground of Being.

In contrast, Western civilization is blindly accelerating faster and faster away from Reality with everyday that passes, as this diagram illustrates, a perilous predicament. For we are managing our business affairs with little understanding of the evolutionary energies that cause us to behave as we do. And any species that does not adapt to its changing environment cannot expect to survive for long.



The smaller bell-shaped curve in this diagram depicts the mystic's traditional path back to the Source, most recently described in Eckhart Tolle's best-selling *A New Earth: Awakening to Your Life's Purpose*. This autobiography describes how I have been able to awaken to Life's purpose, trusting that by describing my life experiences in as open and candid a way as possible this will help others to do likewise.

For because of the way that evolution has unfolded over many millennia, our minds have become fragmented and split by religious demarcations, academic specialization, and the division of labour in the workplace, preventing us from understanding what is happening to our species at the present time. It is thus absolutely essential for our health and well-being, not least for our children's future, that we invoke the power of Love and Intelligence to heal our minds in Wholeness.

